

SPLASH ENCYCLOPEDIA

Here you will find necessary Information about each Splashdown:

Anchor: 2.1 Degree of difficulty



Almost a straight down entry with a small degree of leaning backwards. The arms are in front of the chest.

Ripper: 2.2 Degree of difficulty



Similar to the anchor but one leg is bent and held with both hands.

Chair: 2.5 Degree of difficulty



The chair enters the water in a sitting position, what the name already tells. Both hands are on your knees and your shanks have 90° degrees to your thighs.

Cannonball: 3.3 Degree of difficulty



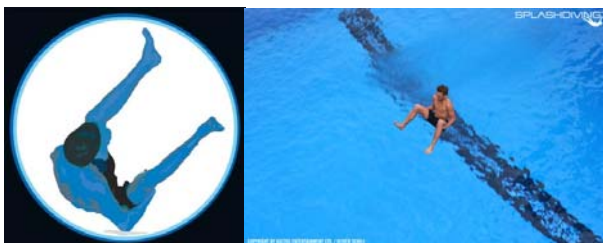
The classic bomb! The cannonball looks like a packet. Both legs bent and held with both arms as tight as possible. Butt and feet hit the water at the same time.

Small cat: 3.0 Degree of difficulty



The small cat is the first splashdown which is head first. Or better hands and feet first. Feet and hands come together to one point when they hit the water. Small cat because your back looks like a cat's arched back.

Open Cannonball: 3.4 Degree of difficulty



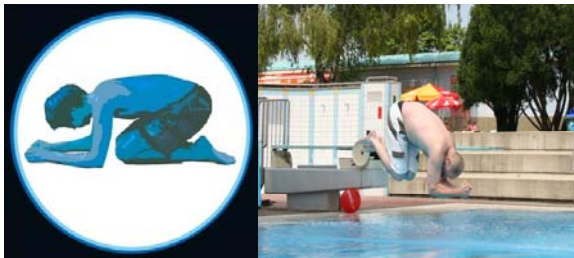
The open cannonball is kind of like the regular cannonball except that you hold your legs open and your hands hold on to your popliteal space.

Yogi Cannonball: 3.4 Degree of difficulty



Your hands go through your legs and hold on to your ankles from the outside. So your hands, feet and butt hits the water first

big cat: 3.5 Degree of difficulty



At the big cat the landing position is with your shin and your forearms. The hands protect your head. For a big splash open up under water.

potato: 3.6 Degree of difficulty



The potato is a cannonball 180° degree turn around. Head first, Both legs bent and held with both arms as tight as possible.

Brauni: 3.7 Degree of difficulty



Brauni (name: Thorsten Braun Member Team Germany) the tailbone hits the water first. The bodyposition is like pike in springboard diving. Legs are straightened out in the air.

Board: 3.7 Degree of difficulty



The splashdown that was shown the most at the WORLD CHAMPIONSHIPS. The board! Both legs straighten out and in a degree of 90° to your upper body, hit the water. Hands are on your shanks.

offenes Brett: 3,8 Degree of difficulty



The open board is like the regular board except that the legs are spread out and open.

Open L-Vis: 4.5 Degree of difficulty



The open L-vis is the only Splashdown where the athlete is at the moment when he's falling down in the final position in which he hits the water. Both legs are straightened out and both hands hold on to the inside of the feet. It looks like a "V".

Soon you will find a tutorial video for each Splashdown...